

ADL 評価基準

Performance status (PS)分類

100	Normal no complaints; no evidence of disease.	介助なしに日常生活を送ることができる
90	Able to carry on normal activity; minor signs or symptoms of disease.	
80	Normal activity with effort; some signs or symptoms of disease.	
70	Cares for self; unable to carry on normal activity or to do active work.	労働できない、少しの介助を受ければ日常生活を送ることができる
60	Requires occasional assistance, but is able to care for most of his personal needs.	
50	Requires considerable assistance and frequent medical care.	
40	Disabled; requires special care and assistance.	一人では身の回りのことできない、病気は進行し入院を要する
30	Severely disabled; hospital admission is indicated although death not imminent.	
20	Very sick; hospital admission necessary; active supportive treatment necessary.	
10	Moribund; fatal processes progressing rapidly.	
0	Dead	

(Karnofsky DA, GANN Monogr1967 より)